

## FREE BEGINNER PICKLEBALL LESSONS BEGIN SOON

The Racquet Club will once again offer free <u>beginner</u> pickleball lessons for OHCC residents. The small-group classes consist of four once-a-week 90-minute sessions. There will be one instructor for 4-6 students to maximize each student's time on the court.

If you want to enroll in our free lessons, it's essential that you understand what pickleball at OHCC is all about. *Introduction to Pickleball* - a *mandatory* one-hour orientation describing how we play pickleball safely and have fun at OHCC -- includes a demonstration game narrated by club president Bob James. You'll be watching and listening, not playing. It's the <u>required first step</u> to enrolling in Beginner Pickleball classes.

Schedule: 1st Monday of each month, 5 - 6pm on the Pavilion Courts Patio February 5 March 4 April 1 May 6 Advance registration is required. Once you attend an orientation, you may sign up for a class.

The first three classes for the year are <u>tentatively</u> set as follows (*days and times subject to change*):

Class 1: Thursdays, 4 - 5:30pm Feb 15, 22, 29, and Mar 7 Class 2: Saturdays, 1 - 2:30pm Mar 16, 23, 30, and Apr 6 Class 3: Mondays, 3 - 4:30pm Apr 15, 22, 29, and May 6

## Note:

The Beginner class is designed for those new to pickleball who have never taken formal lessons. If there is space, players who need a "refresher" class may be permitted to join the lessons. Add your name to the list for this option.

Our Help Desk answers questions and takes reservations by email at <u>ohrchelp@gmail.com</u>. Please provide your name, email address and (cell) phone number along with the date you wish to attend the orientation. A confirmation will be sent back.