



## FREE BEGINNER PICKLEBALL LESSONS

The Racquet Club offers free beginner pickleball lessons for OHCC residents. The small-group classes consist of four once-a-week 90-minute sessions. There will be one instructor for 4-6 students to maximize each student's time on the court.

If you want to enroll in our free lessons, it's essential that you understand what pickleball at OHCC is all about. ***Introduction to Pickleball*** - a *mandatory* one-hour orientation describing how we play pickleball safely and have fun at OHCC -- includes a demonstration game narrated by club president Bob James. You'll be watching and listening, not playing. It's the **required first step** to enrolling in Beginner Pickleball classes.

### Intro to Pickleball schedule

1st Monday of each month, 5 - 6pm on the Pavilion Courts Patio

Jun 5   Jul 1   Aug 5   Sept - **NO**   Oct 7   Nov 4   Dec 2

**Advance registration is required. Email the Help Desk [ohrchelp@gmail.com](mailto:ohrchelp@gmail.com)**

**Once you attend an orientation, you may sign up for any future class.**

Depending on interest, there will be one or two Beginner classes during summer 2024 –  
Dates TBA

### Note:

The Beginner class is designed for those new to pickleball who have never taken formal lessons. If there is space, players who need a "refresher" class may be permitted to join the lessons. Add your name to the list for this option.

Our Help Desk answers questions and takes reservations by email at [ohrchelp@gmail.com](mailto:ohrchelp@gmail.com). Please provide your name, email address and (cell) phone number along with the date you wish to attend the orientation. You'll get an email confirmation. If you prefer a call back to answer questions, say so in the email.