







## FREE LESSONS 2023

All OHCC residents are welcome to participate in the free beginner lessons presented by the Racquet Club. Membership in the club is not required, but joining allows you to participate in tournaments, attend our social activities, and receive regular communications about special events and clinics offered at OHCC.

	<p style="text-align: center;"><b>BADMINTON</b></p> <p style="text-align: center;">Introduction to Badminton – TBD mid-May Summer play (including informal instruction) Wednesday evenings TBD June through August</p>
	<p style="text-align: center;"><b>PADDLE TENNIS</b></p> <p style="text-align: center;">For introduction to Paddle Tennis, contact Dannica Wood at <a href="mailto:dannicawood@gmail.com">dannicawood@gmail.com</a> Paddles and balls provided. Must wear court shoes.</p>
	<p style="text-align: center;"><b>PICKLEBALL</b> <b>BEGINNER LESSONS</b></p> <p style="text-align: center;">Small-group instruction consist of four 90-minute sessions with 4- 6 students per instructor Attendance at a monthly orientation session is a prerequisite Advance sign-up required</p> <p style="text-align: center;"><b>ADDITIONAL CLASSES</b> <i>Available to Racquet Club members only</i></p>
	<p style="text-align: center;"><b>TENNIS</b></p> <p style="text-align: center;">Refresher lessons    Dates TBD</p>

EMAIL THE RACQUET CLUB HELP DESK TO JOIN A CLASS INTEREST LIST

[ohrhelp@gmail.com](mailto:ohrhelp@gmail.com)